

Newsletter

ISSUE #11
DEC 2024

EVERYTHING YOU NEED TO KNOW ABOUT BAYVIEW HOSPITAL

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And much more!

 **BAYVIEW**
HOSPITAL



Photo: Bayview Hospital undergoing its updates.



JULIE REID

Bayview Hospital Administrator's Message

ADMIN UPDATES | WELCOME



Photo: Julie Reid, Bayview Hospital Administrator

Beyond our construction efforts, our dedicated team of nurses and doctors has been actively engaged in professional development. Some of the team recently participated in two significant events: the Barbados Association of Palliative Care Conference and the 37th Caribbean Cardiology Conference. These conferences provided invaluable opportunities for our staff to explore the latest technologies, enhance their skills, and broaden their knowledge, all of which will contribute to the exceptional care we provide at the hospital. Additionally, we proudly took part in the Breast Cancer Walk for the Cure on October 6. This noble cause holds great importance to us, and we are honoured to support efforts that raise awareness and funds for breast cancer research and education. We have also introduced a soft launch of the Bayview Ambulance to serve our clients at Bayview Hospital, which has been a welcomed addition to the services we offer. We will expand this service further once our Urgent Care Facility opens.



Photo: Dr. Destiny Griffith, BVH Senior House Officer at the Cardiology Conference

As we draw near to the end of 2024, I would like to take this opportunity to extend my heartfelt wishes to everyone for a fabulous holiday season and a truly wonderful new year ahead! May 2025 be filled with joy, prosperity, and all the best that life has to offer.



Photo: Nurse Bacchus (left) and Nurse Fraser-Mcbean (right) at the Cardiology Conference

We eagerly anticipate the opening of their new facilities within our expanded building. Alongside this, we are truly looking forward to our sister company, Diagnostic Radiology, who will also be relocating to our new expansion. They will be providing a comprehensive range of "in-house" services, including CT scans, mammography, X-rays, fluoroscopy, and ultrasounds. Furthermore, I am excited to introduce one of our new offerings: Executive Medicals. More details on this service will be included in the following newsletter. We look forward to sharing this innovative service with our community.

The past six months have been exceptionally dynamic and productive for us here at Bayview Hospital. Our ambitious construction project for the expansion of our facilities has encountered some unforeseen delays, primarily due to a variety of factors that were beyond our control. We are now anticipating a new opening date, which we hope to achieve by the end of the first quarter of 2025. In this edition of our newsletter, I will include some updated images showcasing the progress of the building thus far, highlighting the exciting developments we are making.

I would like to take a moment to express my heartfelt gratitude to all members of our exceptional and dedicated team from all disciplines at the Hospital. It is the collective effort of the entire Bayview Hospital team that has significantly contributed to our success throughout the year and ensured the smooth operation of our daily activities. Your commitment to going above and beyond the call of duty truly exemplifies the spirit of healthcare.



Photo: Nurse A. James at the Palliative Care Conference



Photo: Bayview staff with Sir Trevor Hassell, Ms. Cathleen Biga and Dr. Raymond Jeffrey Massay at the Caribbean Cardiology Conference

In this edition of our newsletter, we are excited to spotlight some remarkable individuals: our Nurse Manager, Crystal Clarke, our Pharmacist, Michael Smith, and Dr. Arianne Harvey, one of our Internal Medicine Consultants who also holds the post of Head of Medicine at Bayview Hospital. Their dedication and expertise are invaluable assets to our team, and we are thrilled to highlight their contributions. Additionally, I would like to mention that the Bayview Laboratory has been working tirelessly to expand its equipment and enhance its investigative capabilities.





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COMING SOON TO BAYVIEW HOSPITAL

FROM COMMUNITY TO CARE:

Meet Michael Smith, Bayview's Pharmacist

What truly distinguishes Smith's approach is his emphasis on building trust and understanding each patient's unique needs

Behind every successful patient recovery is a dedicated healthcare team, and Michael Smith, who joined as a Pharmacist in August 2023, brings decades of experience and a passionate commitment to healthcare that has already made a significant impact. "Everyone has a talent—mine is helping people through pharmacy," says Smith, whose journey in healthcare began with aspirations of becoming a doctor. Though he initially missed the deadline for medical school, this seeming setback led him down a path that would ultimately define his life's purpose.

After early years spent at Chelsea Road Private School and then Harrison College, Smith began his professional journey as a medical sales representative at Geddes Grant. This experience sparked his interest in pharmacology, leading him to pursue an Associate degree in Health Sciences with an emphasis on pharmacy from Barbados Community College. He later earned a B.A. in Natural Sciences with a minor in accounting and business from the University of the West Indies, combining his passion for healthcare with valuable business acumen.

Smith's extensive experience includes six years at Joe's Pharmacy in Oistins, followed by a tenure at Lewis Drug Mart. His entrepreneurial spirit led him to establish and operate his own community pharmacy from 2002 to 2019. While working at a private community pharmacy, he learned of an opportunity at Bayview Hospital Pharmacy and joined the team in August 2023.



Photo: Michael Smith, Bayview Hospital's Pharmacist

The hospital setting is far more integral," Smith explains, describing what sets Bayview Pharmacy apart. "We're dealing with injectables, working with patients in the ward, ICU, and operating theatre. The direct collaboration with doctors and nurses to determine the best modes of treatment adds a dynamic dimension to patient care."

What truly distinguishes Smith's approach is his emphasis on building trust and understanding each patient's unique needs. "It's not just about dispensing medication," he says. "It's about educating people on their general health and ensuring they understand the importance of following prescribed treatments correctly."

He particularly emphasises the temporary nature of many medication regimens: "Just because you are prescribed medication doesn't mean you must stay on meds ad infinitum. It's not a life sentence. People take their meds and recover."

At Bayview Hospital Pharmacy, Smith has found a perfect alignment with his healthcare philosophy. "The care, love, empathy, and bedside manner you receive here is second to none," he notes. The experience has been eye-opening, offering him a comprehensive view of healthcare delivery with all professionals working together under one roof.

Having loved the profession since age 18, Smith continues to balance his personal and professional life while maintaining his commitment to excellence in pharmaceutical care. His guiding principle remains clear: "The legacy you leave is how you use the talent God has given you. Make sure you're making the world a better place."

At Bayview Hospital Pharmacy everyone, whether they are hospital patients, outpatients, or walk-ins—experiences the same commitment to excellence and genuine compassion that defines its service.



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MEDICAL MYSTERY SOLVER:

Meet Dr. Arianne Harvey, Internal Medical Specialist

Dr. Harvey maintains a dynamic practice that spans across both public and private healthcare.

Meet Internal Medical Specialist, Dr. Arianne Harvey.

When it comes to solving complex medical mysteries, Dr. Arianne Harvey is always ready to crack the case. Dr. Harvey who is one of the Internal Medical Physicians that holds practicing privileges at Bayview Hospital, also holds the position of Head of Medicine. With the combination of her warm personality and exceptional bedside manner, Dr. Harvey's patients receive both clinical excellence and genuine compassion.



Photo: Dr. Arianne Harvey

inpatient care at Bayview Hospital and seeing patients at her private office. Additionally, she serves as a lecturer in clinical medicine at UWI, teaching the next generation of medical professionals.

Dr. Harvey describes internal medicine as a specialty that handles "everything else" outside surgery, obstetrics, and pediatrics. She particularly enjoys being the coordinator of complex cases, managing multiple moving parts to ensure holistic patient care. "We're often teased about internal medicine because we write a lot and have long histories," she says with a smile. "But I love sitting at the bedside,

listening to patients' stories, and solving diagnostic challenges."

Her expertise spans three crucial areas: managing everyday conditions that have become complex, coordinating care for patients with multiple interrelated conditions, and solving diagnostic mysteries that have stumped others. "When no one knows what it is, I tell myself: I shall find it," she says, revealing her passionate approach to medical detective work.

Dr. Harvey often advises her patients to "Use what you have before you lose it." This simple but profound philosophy extends to her

"I'm persnickety and protective of my patients," she acknowledges, a reflection of the meticulous attention to detail and deep sense of responsibility that characterises her approach to patient care. Her ability to coordinate multiple aspects of complex cases while maintaining a focus on holistic care makes her an invaluable member of Barbados' medical community.

Dr. Harvey's path to medicine was shaped by her family's emphasis on education as the key to success. She found her calling in medicine—specifically during her clinical rotations. "When I got on the ward, I had my 'aha' moment," she recalls. "That's when everything clicked. I was like oh I like this"

Her medical education took her from UWI Mona, where she developed a deep respect for the practice of medicine, to Yale University for her residency. The sound

Caribbean medical foundation and exposure to cutting-edge American healthcare technology has given her a unique perspective that benefits her patients today.

Upon completing her residency, she returned to Barbados, where she was recruited to work in the nephrology unit at Queen Elizabeth Hospital (QEH), contributing to the expansion of dialysis services.

Today, Dr. Harvey maintains a dynamic practice that spans both public and private healthcare. She provides her services at the QEH, while also maintaining private

holistic view of health and wellness. She reminds patients and colleagues alike about the importance of self-care: "You can't pour from an empty cup," she counsels, emphasising the importance of maintaining your own health while caring for others.

After more than a decade in practice, Dr. Harvey's enthusiasm for medicine remains unwavering. "I still get excited when I see something interesting, or when I see a patient recover from being deathly ill. Even the challenging patients

provide lessons that keep me in love with medicine or, at the very least, remind me that I'm exactly where I'm supposed to be."

At Bayview Hospital, Dr. Harvey particularly values the efficiency of the admission process, the high standards of nursing care, and the comprehensive team approach to patient care. "What I like about Bayview Hospital is the ease with which it is to admit patients," she explains. "When you have ill patients, which we normally do, and many of our cases are not elective, I need to know that I can send a patient down and they'll get on the ward. That

efficiency is crucial."

She especially appreciates the hospital's commitment to patient safety through its in-house Senior House Officers (SHOs), a program she helped champion as head of department. "We vet them, so we know who our staff is. I can call and know who's there, know they'll manage the patient, and they have training if something goes acutely wrong. That bridges the gap of the 15 minutes it takes me to get there."

The nursing staff also earns her high praise. "The nurses are old school in the sense that they're well trained. They put up IVs, they know their patients, and they're compassionate," she notes. "They'll pull me aside and say 'Dr. Harvey, I am concerned about how this patient is doing' or tell me if a patient hasn't shared certain information." This level of attentive care and communication is crucial for the holistic patient care she strives to provide.

A testament to her confidence in Bayview's care quality is perhaps most powerfully expressed in personal terms: "It's where I'd put my parents if they needed to be admitted to hospital." And on an island where privacy is particularly precious due to its small size, she values Bayview's ability to provide both excellent medical care and the discretion her patients deserve.

For those fortunate enough to be under Dr. Harvey's care, they not only have a physician, but a dedicated detective, teacher, and healer who brings both scientific rigor and human compassion to every case she encounters.



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A SALUTE TO The Bayview Hospital Administrative Team

ADMINISTRATION | IN PATIENT CARE



“The strength of the team is each individual member. The strength of each member is the team.”



Photo: Major Marilyn Patrick, Assistant Hospital Administrator

When planning a visit to Bayview Hospital or any other Healthcare facility, it is by natural instinct to think mainly of the nurses, midwives, doctors, consultants, surgeons, and pharmacists who play pivotal roles in patients’ treatment and the recovery process. However, there is one other special team in the background that keeps the engine of any Medical Institution running smoothly; that is, the Administrative Team. So, who makes up the Administrative Team, you asked? Let us take a look at these key team players at Bayview Hospital.

At the helm we have the Hospital and Assistant Hospital Administrators who focus on strategic planning, organising, staffing, directing, controlling, and coordinating the overall daily functions of the Hospital. This includes having a balanced role that supports patients, physicians, associates, and by extension the Community. To accomplish some of these functions, the Administrators depend on the reliable advice and direction from our efficient Human Resources Team.

The Risk Management Officer has a key role as well, which focuses on risks and legislative compliance, safety, health and wellness regulations, food safety and hygiene practices, and public health regulations. This role also focuses on

policies, procedures and quality assurance which is supported by the Hospital’s Clinical Governance Committee.

The Office Manager and Team comprise the Accounts Clerks, Admissions Officer, Reception, Night Auditors, and Messenger. This team does not only focus on the financial aspect of the business but provides a customer-friendly and reassuring approach to all clients and stakeholders. This team ensures all administrative functions are also carried out efficiently and timely.

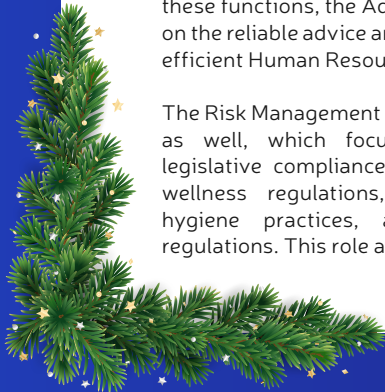
One may even conclude that the Office Manager and her team are the face of Bayview Hospital, since the patient’s experience starts to take shape from the time you reach the door, and ends on exiting the same.

The Kitchen Manager and Team are also vital team members, who take pride in preparing delicious balanced meals which are described by many patients as “mouth-watering”. The Kitchen Manager and her team are often found interacting with patients daily to ensure that their dietary needs, and any special requests are accommodated.

The Housekeeping Supervisor and Team are remarkable not only in going from patient-to-patient rooms, operating theatre, and offices to clean/disinfect/sanitise, but they also take pride in ensuring that there are no breaches in infection control practices at our medical institution. The team is passionate and takes pride in preventing the spread of hospital-acquired infections.

Last but not least, we highlight our Maintenance Department, who keeps the team functioning like a well-oiled machine. Our Maintenance Department is divided into two areas, with one aspect focused on the overall upkeep of the plant infrastructure and assets; and the second area focused on preventative and corrective maintenance of medical equipment and regulatory standards. To achieve its goals and objectives, this department is supported by Biomedical Engineers from Medical Engineering Services.

Phil Jackson, an American basketball player, coach and executive once said, “The strength of the team is each individual member. The strength of each member is the team.” So next time you take a trip to Bayview Hospital or any healthcare facility, remember the unsung heroes who are working in the background to make sure your healthcare is the top priority. We thank you for the opportunity to serve you in 2024 and pray for you and your families a healthy and prosperous 2025.





Bayview Hospital launches new patient shuttle



In its commitment to inclusivity, Bayview Hospital is pleased to launch its new non-emergency patient shuttle service. Equipped with a rear accessibility ramp for wheelchair users, the shuttle ensures that all patients can easily access the St Paul's Avenue private facility.

Marilyn Patrick, Bayview's Assistant Administrator, is pleased to offer Barbadians this new and improved service. She believes it's a significant step towards creating a more inclusive healthcare system and aims to alleviate the transportation challenges many patients face.

"The addition of the Bayview shuttle will assist wheelchair users, the elderly, and others with mobility challenges in readily accessing the services at Bayview. With the launch of the Urgent Care department in a few months, patients in need of non-emergency treatment can rely on the shuttle's service for transportation."

To schedule a booking, persons are encouraged to contact the hospital directly at (246) 436-5446 or email info@bayviewhospital.com.bb. The Bayview Hospital team is ready to assist you.

Please note, prices may vary depending on the length of the journey.



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SAFETY & HEALTH TIPS:

Our guide to having a safe, happy and healthy holiday season for you and your loved ones

HEALTH & SAFETY | LIFESTYLE

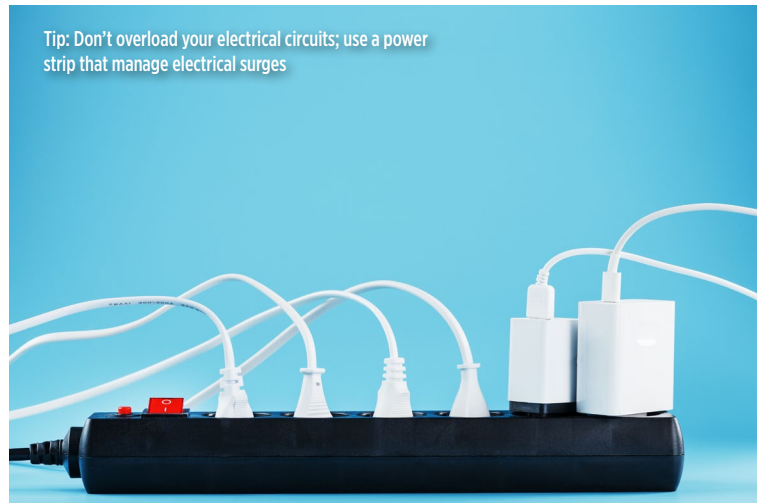


Photo: Patricia McAllister, Risk Management Officer

It is time again to celebrate with family and friends over the Christmas Holidays but be sure to take the necessary Safety and Health precautions during this festive season. Here are a few Safety and Health tips for you to follow:

01 Fire Safety

- Inspect the electrical cords on your Christmas lights for frayed wires, breakages/ exposed copper before stringing them onto the Christmas tree, hedges, or around the house. Replace all blown Christmas lights or those with loose connections. These checks will prevent exposure to electrical shock or spark of a fire.
- Turn off all Christmas lights and decorations before leaving home or going to bed.
- Do not overload your electrical circuit or basic extension cord. Invest in a surge protector power strip that can manage electrical surges.
- Do not go to bed; leave the stove/oven on when cooking. In Bajan terms, you may be tired from "pulling down the house and putting it back up" or Christmas shopping, so take a nap and then start cooking.
- Do not leave home with appliances such as ceiling/standing fan or washing machine/dryer running. There is always the potential for appliances to malfunction e.g., the motor for the fan can overheat or short circuit. House fires can start very easily and rage out of control.



Tip: Don't overload your electrical circuits; use a power strip that manage electrical surges

02 Slips, Trips and Falls

- When cleaning, painting, or making repairs at heights e.g., cleaning the guttering, or painting, ensure the ladder is firmly planted on the ground and someone is assisting in holding the bottom of the ladder.
- Do not leave electrical cords across the floor; this can cause someone to trip and fall. Tape down or use a cord saver to secure the electrical cord.
- Clean the floor immediately after a spill such as food, oil, or grease while cooking. These are some of the most common slip hazards.



Tip: Clean up any spills immediately as they are some of the most common slip hazards.



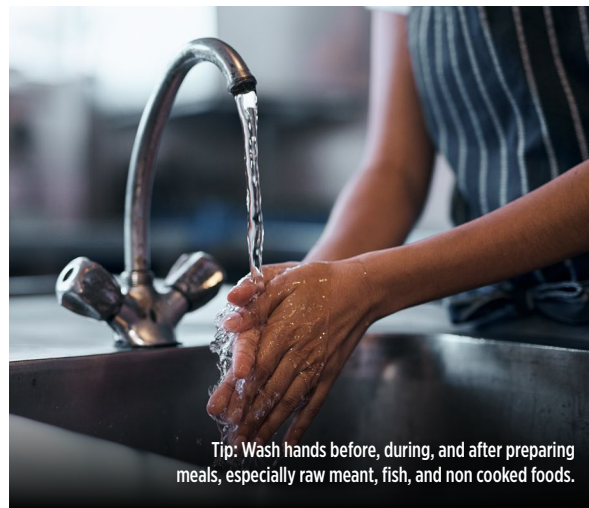
03 Flu Season

- Practice good personal hygiene by covering your mouth and nose with a tissue when coughing or sneezing. Use hand sanitizer until you have an opportunity to wash your hands with soap and water.
- Avoid the risk of spreading the flu to others by not touching your eyes, nose, and mouth. Also, do not socialise with others when you are unwell, and stay well-hydrated.



05 Food and Drinks

- Reduce the spread of foodborne illnesses by washing your hands before, during, and after preparing meals, especially raw meat, fish, and non-cooked foods. Clean all food surfaces before preparing food and after preparation.
- Refrigerate perishable foods, including your Christmas leftovers within two hours of cooking.
Keep the refrigerator at 40°F (4°C) or below.
Freezer at 0°F (-18°C) or below
- Properly dispose of your refuse/garbage to avoid rodent infestation around your home.
- Remember to eat and drink responsibly over the festive season.



04 Medication

- Visit your physician for a medical check-up before their office closes for the Christmas holidays and have your prescription filled by the Pharmacist.
- Adhere to your prescribed medication regime, especially during this festive season. If traveling, be reminded to stock up on your prescribed and nonprescribed medications.





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SOMETHING TO LOOK FORWARD TO

WHAT'S NEXT

Bayview Hospital's new Urgent Care facility is scheduled to open in the first quarter of 2025. You, our valued patients, can look forward to 24-hour emergency care and a supporting ambulance service. The team at Bayview Hospital is looking forward to opening our doors and extending our care to all Barbadians.



STAY IN TOUCH
STAY IN TOUCH
STAY IN TOUCH



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