

Administrator's Message - 2

Twice As Nice For Karen Meekins - 3

Bayview Labs Expands Testing Options - 5-6

Andrea Graham - 7

Dr Ferrando - 8



Chairman Peter Harris and Prime Minister The Rt. Hon. Mia Mottley, MP Corey Lane, and Hospital Administrator Jules Reid



From left to right - Hospital Administrator Jules Reid, Chairman Peter Harris, Director of Jireh Consultants Ltd. Emmerson Webster, Project Manager Kemal Knight, Owner of Steinbock Management Services Joseph Stienbock, Assistant Hospital Administrator Major Maryln Patrick

BAYVIEW HOSPITAL IS EXPANDING



From left to right - Toshanna Waterman, Engineer at AEDB Consultants Ltd. Connel Hinds, Director of Archis Designs Group Albert Best, Andre Brathwaite, Engineer at AEDB Consultants Ltd. John Griffith



Prime Minister The Rt. Hon. Mia Mottley raises shovel at groundbreaking



Administrator's Message



Jules Reid - Hospital Administrator

Welcome to the first Newsletter for 2023, Happy New Year to all! I trust the Christmas Season brought you all much joy and happiness.

We commenced the year with twin babies! Seriously, childbirth at Bayview is my personal favorite.

I would like to take this opportunity to thank and congratulate the management and staff of Bayview Hospital for their outstanding tour of duty over the last few years. The term frontline has become pretty worn in recent times, but it still best describes the posture of our staff as they navigated the uncertainties of that period; still fresh in our minds. Bayview Hospital was put to the test and I am happy to say today that it emerged a better and more focused institution, as a result of that experience.

It's a new year and a new chapter for Bayview Hospital and we continue our efforts to continually improve and expand on our Healthcare services.

That expansion began last year and most notable was the ground breaking ceremony that took place for the construction of Bayview Urgent Care. Prime Minister Mia Amor Mottley assisted us on a day which celebrated our achievements and welcomed the new project. This expansion will see Bayview Hospital taking its current 22 beds inclusive of a 2 bed Intensive care unit (ICU), three operating theatre service to the next level. We shall be offering ALL of Barbados, access to a seven day a week, around the clock emergency and accident



From left to right, Francois Hurley YMPC committee member, MP Corey Lane, Russell Labodie YMPC supporter, Jules Reid Bayview Hospital Administrator



Hospital tightly sealed and in full operation

service, complemented by our own ambulance service, in house laboratory, radiology and diagnostic services, including a new CT Scan machine and state of the art operating theatre.

The construction has commenced, firstly with the protection of the Hospital and surrounding neighbors, this ensures continued operations and services. Have a look at some of the images from the groundbreaking and note the changes to our parking and traffic flow included in this edition.

There is also some exciting news coming out of Bayview Laboratory, which is the expansion of the services on offer. Please see the included information on those services from our Lab Manager.

We are proud supporters of the Breast Feeding & Child Nutrition Foundation and encourage you to read their flyer enclosed and share the information with mothers to be.

We are also pleased to introduce you to one of our newest physicians to join the Bayview team, Plastic Surgeon, Dr Giovanni Ferrando. Respected around the world, Dr. Ferrando brings a wealth of expertise and experience to Bayview and is a welcomed addition to the Bayview family.

Speaking of family, in this newsletter we highlight our longest standing staff member Andrea Graham. Find out a bit about her role and journey here at Bayview for the last 30 plus years.

We were thrilled when we learned that our past patient Karen Meakins, earned the top title from the Squash Female World Masters for the over 50's, I hope you enjoy reading about her journey to success as she represented Barbados in the 2022 World Masters.

For Bayview Hospital being a good corporate citizen is an important part of our mission. As part of our community efforts we are replacing part of the YMPC fence, which is in great need of repair. We are proud sponsors of the YMPC. Along with a donation from a member of Diagnostic Radiology we are happy to see part of the fence being taken down and replaced. 2023 is shaping up to be an exciting year and we are looking forward to what it will bring.



Construction of new 24 hour urgent care well underway

► Bayview Was Twice As Nice For Karen Meakins

For the last 20 years, Karen Meakins has represented Barbados on the squash court, smashing records and taking titles in stellar fashion. Karen has won 15 consecutive national titles, three Caribbean championships, four medals at CAC games. At the World Masters level the squash dynamo has won bronze and silver and gold, having taken the top prize just last year. These are just some of her many achievements.

Having such a prolific career, it should come as no surprise that Karen has suffered the effects of the wear and tear that playing sports can have on the human body. That wear and tear would bring her to Bayview Hospital in 2018 when she got the news from her doctor that no athlete wants to hear, she would have to have surgery on both knees. "I was a little nervous at first, especially as an athlete, you never know what the surgeon will find. But along with trusting my doctor it was reassuring to be in an environment like Bayview Hospital. The staff were lovely, everyone was so helpful. It was a great experience from start to finish. When I went to do the paper work they made it easy and then on the actual day everyone was so pleasant and supportive. It's a fabulous facility and you get that personal care, the thing you don't necessarily get at a bigger hospital, which for me is really important. Everyone is always checking in on you. It was nice I didn't really feel like I was about to be operated on. They make you feel really comfortable."

For Karen, the experience at Bayview Hospital was so positive that she had no qualms when she had to return there last year to have another operation on a torn meniscus. "I would not have gone anywhere else. It is definitely my preferred place to go if I have to make a



Karen featured with Dr Nancoo, Orthopedic Consultant

choice. I know that the facility has great state of the art equipment, you will be treated properly, that you will be monitored properly and that the aftercare will be good as well. So it's all of those things, Bayview offers a whole package." In making the comparison to the experience she had when she had surgery outside of Barbados, Karen said that the treatment was as good as, if not better at Bayview Hospital. "In my opinion it's the best Hospital in Barbados and I would tell anyone that had to have a procedure don't have any doubts. Bayview is where you should go, there is no contest anywhere else."

Empower the mother,
uplift the family and
transform the nation
by influencing
nutrition choices.



Registered Non-Profit
#45276



PROGRAMMES

The BCNF's **Baby & Me Group** supports mothers with breastfeeding and other child-related topics via peer counselling, breastfeeding specialists and guest speakers in a safe, friendly environment.

We have free **monthly ZOOM meetings** and a **thriving Whatsapp** group with friendly, supportive mums. Feel free to join our BCNF family!

With low exclusive breastfeeding rates in Barbados, we understand the importance in supporting you along the breastfeeding journey and weaning your little ones appropriately onto solid foods.

We have our **breastfeeding classes** coming soon, so stay tuned to our social media and website for updates!

MISSION

To improve childhood health and nutrition through raising awareness of the importance and the benefits of breastfeeding and appropriate complementary feeding and their impact on overall child health in Barbados.

ABOUT US

The Breastfeeding and Child Nutrition Foundation (BCNF) was established in 2015. Since March 2021, the foundation has been incorporated as a non-profit organisation.

The BCNF has provided services to hundreds of women over the last 7 years and we're ready to help you too!

FIND US

EMAIL

General Inquiries:
assistant.bcnf@gmail.com

Partnerships:
thebcnf@yahoo.com

WEBSITE
www.thebcnf.org

FACEBOOK
[@BCNF](https://www.facebook.com/thebcnf)

INSTAGRAM
[@thebcnf](https://www.instagram.com/thebcnf)

CALL US
+1 (246) 828-8934



Scan this QR with your
mobile device camera to
learn more about us!



► Bayview Labs Expanding Testing Options

Bayview Labs is excited to announce that we are expanding our testing menu. As we transition towards providing full laboratory services we sought input from the medical community and have focused our initial expansion efforts on molecular testing. Starting in February we are providing comprehensive analysis for HPV, Sexually Transmitted Infections (STI) and Tropical Fevers.

Our HPV test will be performed locally and has the advantage of reporting the genotype of 14 High Risk types (16, 18, 31, 33, 35, 39, 45, 51, 52, 56, 58, 59, 66, 68). Knowing whether you have an HPV infection and which High Risk strain means that your care provider can better decide early in the care pathway on the next steps for best care. Those steps might include follow-up monitoring, to see if the virus clears on its own or further testing; PAP smear or colposcopy to assess for cytological changes.

Our STI 4 assay detects the 4 major sexually transmitted pathogens *C. trachomatis*, *N. gonorrhoeae*, *T. vaginalis* and *M. genitalium*. Recently the importance of *T. vaginalis* and *M. genitalium* has emerged and management has been required for the prevention of the development of complications and sequelae. Most times STI causing pathogens are 'silent' and do not exhibit any symptoms. When exhibiting the symptoms, they are very similar and hard to distinguish. With our test all 4 pathogens of concern can be detected from a single urine sample to allow for prompt treatment.

Our Tropical Fever Panel is another example of multiplex testing that allows us to test for multiple targets in a single sample in a single test. We test for Dengue virus (DENV), Chikungunya virus (CHIKV), Zika virus (ZIKV), and West Nile virus (WNV) at the same time.

Finally, stay tuned as we move to expand this menu further providing comprehensive assessment of Gastrointestinal Health. While many people experience obvious acute GI symptoms with GI pathogens it is important to note that not all individuals do. Insidious chronic gut symptoms including constipation, loose stool, heartburn, abdominal pain, bloating and gas can also have an infection component as the root cause. This relationship is often overlooked. Ruling in or out parasites, yeast, and bacterial infections in patients presenting with any of these symptoms can be the first step on the road to recovery.

By detecting all of the major Bacterial (including *H.pylori*), Viral, Parasitic, and Helminth pathogens as well as yeast at the same time a thorough evaluation can be done to ensure optimum GI health and get to the root of the issues quickly. We use state of the art real-time PCR technology that is well established as having higher sensitivity and specificity and is faster than traditional culture based testing.

All of our tests can be reported within 48 hrs from receipt of the sample in the laboratory. Ask your physician to order these evaluations through Bayview Labs to ensure you are getting the state of the art care you deserve.



Let's keep you **MOVING**

Don't wait! Do something about your pain

Premium Orthopedic Care | Affordable Payment Plans Available

info@bayviewhospital.com www.bayviewhospital.com.bb Tel: (246) 436-5446





YOU

**DESERVE
THE BEST**

www.bayviewhospital.com.bb

Traffic Flow Changes

The **entry** for Bayview Hospital to **drop off and collect** patients is **via Diagnostic Center on Beckles Road**.

Vehicles can **drive around** the hospital and **drop off and collect at the main entrance** and then **exit via** the sign posted "**EXIT**" on **St Paul's Avenue**.

Parking for visitors between the hours of **7 AM to 5 PM**

is at **St Paul's Conference Centre**. **Entry** to Bayview Hospital at night is via the "**EXIT**" on **St Paul's Avenue**. Please proceed with caution.



Bayview's Admissions Officer Andrea Graham

Andrea Graham is one of the first people any patient coming to Bayview Hospital will have the pleasure to interacting with. When she began her journey with Bayview in 1989 as a part time receptionist, Andrea had no idea that she would become so imbedded in the fabric of the institution. "I started in reception, worked in billing and I am now the Admissions officer here. I've met thousands of people here over the years. I don't remember all the names and faces, but people come up to me and tell me how much they enjoyed their time here and thank me for how helpful I was to them and that is extremely rewarding."

As the admissions officer Andrea is contacted by the Doctors for each of the patients having procedures and she then assists them with processing their documents for insurance. "Patients can become very nervous right before their surgery, so I work with them ahead of time to put all the necessary things in place and make them comfortable. So that when they arrive for their procedure it's a seamless process. We have a lot of patients from overseas as well and I know it can't be easy for people who are in a strange country without family to have to deal with having a medical procedure done away from home. I always go the extra mile to help them with their insurance requirements so that they too can have an experience that is as stress free as possible."

Bringing joy to the children in the surrounding community through various activities initiated by the Hospital and the 25 year Anniversary celebration are among the memories that Andrea treasures from her 33 years at Bayview.

For Andrea her life has always been about her family and work. "I spent half my life here and I enjoy working here we live like a family at Bayview."






Andrea seen here with Hospital Chairman Peter Harris

BAYVIEW
HOSPITAL

Intensive Care Unit
for a
Continued Recovery

PROVIDING:

 COMFORT  24-HOUR PHYSICIAN MANAGEMENT  EXPERTISE

24HR
Senior House Officer
(Doctor) on hand

info@bayviewhospital.com.bb www.bayviewhospital.com.bb Tel: (246) 436-5446

Dr. Giovanni Ferrando

Bayview Hospital has added internationally renowned and respected surgeon, Dr. Giovanni Ferrando to its already stellar cadre of medical practitioners.

The highly skilled plastic and reconstructive surgeon who has clinics in Italy and the U.K has now added Barbados to his list and has practicing privileges with Bayview Hospital. For Dr. Giovanni Ferrando perfection is in the details and the vigor with which he has dedicated his entire career to perfecting his craft and providing his patients with the best possible results, is evidence of that. After attaining his medical degree from the University of Genoa in Italy he spent many years travelling the world to learn from the leading experts in his field. Along with studying with the inventor of liposuction in Paris Dr. Ferrando's studied in Brussels, Monaco, London, the U.S. and Brazil in order to learn techniques from the best. All of which helped him to develop his own techniques for procedures such as filler removal, facelifts, rhinoplasty and breast lifts.

His passion for what he does is ? "I like to fix things, you could say I have OCD when it comes to my work. Every stitch matters, you have to have the sense of beauty and proportion with plastic surgery every detail is critical." And Dr. Ferrando's attention to detail is unparalleled, he approaches each surgery with the utmost focus and care. He believes that the responsibility of a surgeon is immense and takes great pride in being able to give his patients a better quality of life through his work. "I once had a mentor describe it as "surgery of the soul" as it has the ability to not only transform a person's appearance but their confidence and personality as well.

One of the most challenging cases Dr. Ferrando faced was that of a well known singer who required multiple surgeries to remove permanent filler from his face. It took a year to complete the process and was written about in the UK press. Despite the difficulty of the surgery Dr. Ferrando was able to successfully reconstruct the patient's face and bring him back to a more natural appearance.

Dr. Ferrando is extremely pleased with the environment that Bayview Hospital provides. He sees the potential for the hospital to become a hub for plastic and reconstructive surgery in the region and is excited about



Dr Giovanni Ferrando

the expansion the facility is currently undergoing.

Dr. Ferrando's wife, Laura, has been working with him for years and plays a vital role in his practice. She not only manages his practice, she also serves as a comforting presence for his patients and acts as a valuable interface between Dr. Ferrando and his clients.

His understanding of the human body and his dedication to achieving natural-looking results, have earned Dr. Ferrando a reputation as a skilled and highly sought-after surgeon. He is committed to giving his patients the best possible outcome and helping them to feel more confident and whole.