

# NEWSLETTER

- Administrator's Message - 2
- Bayview's Outreach Continues - 3-4
- Bayview's Nursing Scholarship - 5
- Meet our new SHOs - 6
- Continuous Improvement At Bayview Hospital - 7
- Maternity Feature - 8

## IN THE NEWS...



## BAYVIEW'S AFFORDABLE HEALTHCARE

It is a very exciting time for Bayview Hospital, with a variety of new payment initiatives being implemented to provide the best value private health care to our current and future patients, both here and abroad.

As we continue to listen to your needs, we are pleased to announce these affordable payment options in the form of cost-effective payment plans and reduced deposit rates on the services provided at the Hospital.

### NEW PAYMENT PLANS

We are proud to have introduced the option of payment plan schemes to assist with the costs associated with Bayview Hospital.

There are a variety of ways we can tailor these to suit your needs and we encourage you to meet with our Admissions Officer, Andrea Graham, if you think a payment plan may be of assistance to you.

### REDUCED DEPOSITS

Deposit requirements for Bayview's services have also been reduced to a 50% up-front payment of the estimated charges you may incur in relation to surgical and emergency procedures performed at the Hospital. This is a significant reduction from the full estimated cost deposit requirement previously requested.

Our maternity services deposits have also been reduced to the cost of just one-night at the Hospital, with the balance payable upon your discharge - unless of course you have a pre-arranged Bayview Hospital payment plan!

Whether it is a comfortable, stress-free environment for your birthing needs, or that famous Bayview Hospital 'home away from home' setting for your recovery from elective surgery, our team of highly trained health professionals are here to cater to your needs - now at an even more affordable cost!

**NOTE: Terms and conditions apply to your private medical practitioner costs.**



Jules Reid - Hospital Administrator

## Administrator's Message

Welcome to the first edition of our new and improved Bayview Hospital publication, now especially tailored to YOU – the patient and potential patient, as well as dedicated health care service providers.

I am excited to be able to showcase Bayview's services, achievements, staff training, and ongoing community outreach activities to demonstrate our firm commitment to continuous improvement and top-quality private health care in Barbados.

In this edition, you can read all about our new affordable payment initiatives which now make it even easier for Bayview Hospital to be your private health care provider of choice on the island.

We highlight our maternity services, elective procedures and surgeries, to remind you of the diversity of services the Hospital offers, and why you should consider Bayview for your health care needs.

You will get to know our new Senior House Officers (SHOs), who are all very experienced emergency and intensive care doctors. They are efficiently managing the operations of our new Intensive Care Unit (ICU) and I thank them for their assistance in the success of this wonderful expansion to Bayview.

We also share some of our wonderful displays of community-mindedness in the form of 'Walk For The Cure', Independence celebrations, and other outreach activities.

Another initiative that highlights our dedication to social responsibility is our Nursing Scholarship, which includes a paid internship with Bayview Hospital. I am extremely proud to announce here our well-deserving Nursing Scholarship recipient – Teon Waithe. I am especially pleased to be able to provide this opportunity to our community and my hope is that we can continue to encourage more people to come into the health care profession moving forward.

As we continue to train our staff and upgrade our equipment, you can see once again that our commitment is to be at the forefront of private health care in Barbados and deliver the kind of service you expect from our organisation.

Please enjoy reading our latest news and celebrating Bayview Hospital as the leading private health care provider on the island for almost 30 years. I also invite your feedback for future editions – if there is anything you wish to see featured, please do let us know so that we can continue to highlight what's important to you, the reader and member of the public.

## BAYVIEW'S OUTREACH CONTINUES

### Cleaning Up Barbados

Back in June, Bayview Hospital donated gloves and bags to the 'Save our Shores' campaign organised by the Future Centre Trust. This special clean up initiative is dedicated to removing litter along our shorelines and stopping garbage being washed out into the sea.

We thank the Bayview staff and family members who participated, doing their part to take care of our environment and help keep Barbados beautiful for future generations.



### Walking For The Cure

On Sunday 7th October, Bayview Hospital staff and friends rallied together to take part in the Barbados Cancer Society and CIBC Walk for the Cure to help raise money and awareness for the nation's Breast Screening Programme.

Bayview Hospital proudly sponsored our staff to participate in this important national health event and we encourage all women to be screened for breast cancer as part of their regular health check routine.



## 'Dis We Culture

In the spirit of Independence, Bayview Hospital staff hosted an Independence lunch on Thursday 29th November to embrace Bajan culture and celebrate our nation's 52nd year of Independence.

A traditional Bajan menu of rice and peas, macaroni pie, fish cakes, breadfruit and saltfish, cou cou, pudding and souse, conkies, sorrel, golden apple juice, and mauby was enjoyed by all to say happy Independence to our proud nation home of Barbados!

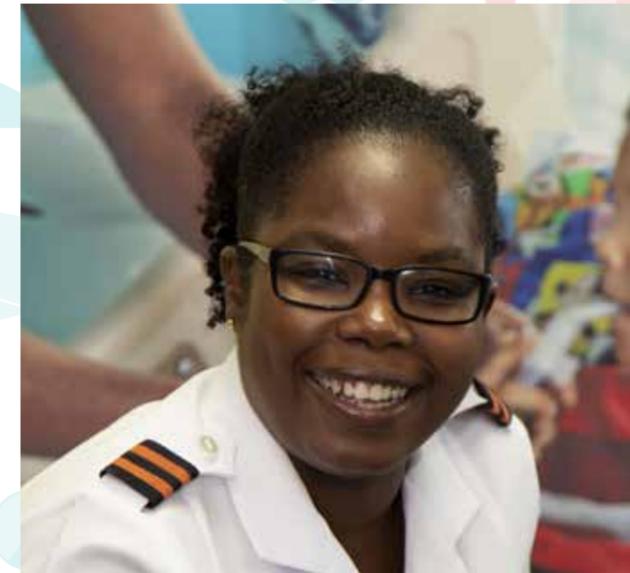


## BAYVIEW'S NURSING SCHOLARSHIP

Early in October our successful recipient and final year nursing student Teon Waithe, received Bayview's first Nursing Scholarship. The scholarship is in collaboration with the Barbados Community College (BCC) and is open to 4th year nursing and midwifery students. It is valued at \$4000 BBD and also includes a six-month paid internship at Bayview Hospital once the student finalizes the academic component of their certification.

Upon officially receiving her scholarship, Teon Waithe, a Guyanese national, said she was inspired to become a registered nurse because of her upbringing, and having to take care of her younger siblings when her mother travelled.

"At 16 I decided I wanted to be a nurse, but I had no qualifications because I had no CXC's. I had a rough journey throughout secondary school. I did CXC lessons and one subject per year. The last CXC was in 2013 - Human and Social Biology and General Biology. That brought my total up to six CXC's," she said in a recent interview with Barbados Today.



"I was also successful with the Nursing Assistant Programme at BCC year 2010-2011 and I had the opportunity to work at the Heart and Stroke Foundation. I decided to leave in 2015 and go to BCC to do this four-year nursing programme," she said, adding that it was a challenge as tuition is costly for a non-national. So, when she heard about the Bayview scholarship opportunity, she knew it would help her on her way to achieving her dream. She thought she may not qualify, but says she prayed about it and was surprisingly successful!

Bayview Hospital Administrator Jules Reid said that out of all the applicants interviewed, Teon's passion and dedication was evident and ultimately ended up in her selection. "Teon did shine through all of this. We were very happy to be able to inform Nurse Waithe that she was the successful recipient of the scholarship and we are all looking forward to working with her," she said.

Assistant Hospital Administrator Marilyn Patrick said Waithe is an ideal nursing student and that with her passion and drive, she would make an outstanding nurse. "She has rightfully stated that today we often see many nurses who are only looking for a pay cheque, but she has the correct focus. It has to be something that you want to do because there are days when nursing gets very tough and it is a job where many people do not say thank you. She needs to take the rough with the tough, remain very humble, passionate and caring and I am sure that the profession of nursing will do well going forward," she said.



## Books For Bayview Babies

We are pleased to announce that the Books for Babies (Barbados) charity last month commenced its first storybook donations to newborn babies at Bayview Hospital. Along with a brand-new carefully chosen book, the charity also provides parents with literature about how to read to, talk to, play with and stimulate both babies and children.

Bayview Hospital wholeheartedly supports this initiative to emphasise the importance of reading and talking to our nation's babies.



# MEET OUR NEW SENIOR HOUSE OFFICERS (SHOs)

We officially welcome to the Bayview Hospital Team, Dr. Christopher St. Hill, Dr. Travis Warner, and Dr. Donn Brathwaite who are all very experienced emergency and intensive care doctors, and work under our specialist ICU Consultants Dr. Dawn Alleyne and Dr. Nigel Farnum.

Our new Senior House Officers (SHOs) cover our Intensive Care Unit (ICU) so that once there is a patient warded in the ICU, we have a Medical Doctor onsite 24/7. In addition to undertaking this important new role, our SHOs are also on-call to assist Bayview physicians who have practicing privileges at the Hospital, should the need arise.



## Dr. Christopher St. Hill

Dr. Christopher St. Hill says he knew from a very young age that he wanted to become a medical practitioner.

After achieving his MBBS degree from the University of the West Indies (UWI), Cave Hill Campus as a member of the inaugural class of 2013, Dr. St. Hill then completed his internship at the Queen Elizabeth Hospital (QEH), where he received the award for Outstanding Intern of the Year.

In the years following his internship, Dr. St. Hill went on to gain a vast wealth of clinical skills and knowledge working in the areas of Internal Medicine, Intensive Care and Psychiatry at the QEH.

Currently residing at Bayview Hospital, Dr. St. Hill says he is ready and willing to provide patients the most comprehensive and dedicated service possible.

## Dr. Travis Warner

Dr. Travis Warner says his dream was always to go into the medical profession and is passionate about clinical medicine.

After graduating from UWI, St. Augustine Campus with a Bachelor of Medical Sciences, Dr. Warner then completed his Bachelor of Medicine and Surgery at the Cave Hill Campus of the same institution. Dr. Warner went on to spend time as an Associate Lecturer at a Medical University while writing numerous articles for Better Health Magazine on Health Promotion and Disease Prevention.

After one year on the academic side of medicine, he then went on to work in the Emergency Department of the QEH, as well as in various Urgent Care and General Practice clinics across the island.

Dr. Warner says he still enjoys the teaching aspect of Medicine and so he remains an instructor in the Advanced Cardiovascular Life Support Training Course, offered at the Heart & Stroke Foundation.



## Dr. Donn Brathwaite

Dr. Donn Brathwaite was born and raised in the parish of St. James, Barbados. As an astute problem solver with a sunny disposition, he was inevitably drawn to the medical profession.

He studied Basic Medical Sciences in Jamaica, which he completed with Honours. His final year of medical training was completed in Barbados.

He spent over a decade at QEH honing his skills in Internal Medicine and is now proudly part of the Bayview Hospital team.

In his spare time, he thoroughly enjoys travelling and spending time with his family.



# CONTINUOUS IMPROVEMENT AT BAYVIEW HOSPITAL

## BAYVIEW STAYS AT THE FOREFRONT

As part of our mission to continually to be at the forefront of private health care on the island, we are proud to announce that all of our Bayview nurses have now completed the Advanced Cardiac Life Support (ACLS) Certification. This means our nursing care remains at the highest standard and enhances the level of service Bayview Hospital can provide to patients.

Bayview's midwives have also recently participated in 'Baby Friendly Training' (incorporating the most up-to-date technology advances in the field) at the QEH, and our two Senior Midwives attended the training 'Essential Care for Small Babies' course and they will now train the remaining Bayview Hospital midwives. Both these training opportunities will further improve our maternity services, and the delivery of care to our mothers and babies.

In further continuous improvement activity, Bayview recently had the privilege of welcoming Mr. Ferdinand, a General Surgeon with Bayview Hospital privileges, to conduct a seminar regarding consent to our Nurses and Administration staff - again, ensuring our services remain at the cutting edge of the health care profession.

In another upgrade, Bayview has purchased a new C-Arm multi-rotational table for our Operating Theatre. This new piece of equipment will improve our Orthopedic and Surgical services with its capability for intra-operative scanning, allowing for more precision and accuracy during surgery. This exciting addition will assist our staff to continue to lead the way in surgical procedures on the island.



C-Arm X-Ray Machine

# DR. THANI RECEIVES INDEPENDENCE DAY HONOUR

In November, Dr. Haresh Nathurmal Thani, MBBS, FRCS, Bayview Hospital Board Member, made it to the 2018 National Independence Day Honours list by receiving an Order of Barbados - Gold Crown of Merit - for highly meritorious service and achievements in Emergency Medicine.

**Congratulations Dr. Thani!**

# MATERNITY FEATURE

## Babies at Bayview...

Bayview Hospital works with a team of highly-skilled doctors, midwives, and nurses to provide personalised care for mother and baby in our unique 'home away from home' environment.

Recent upgrades to the Hospital, including the arrival of brand new neonatal and ultrasound equipment and refurbishments to our maternity suites, means you'll receive the highest standard of maternity care and comfort.

Not only do we provide a completely equipped setting for you to safely deliver your baby, our holistic approach to maternity means we also offer services that follow your pregnancy journey, including antenatal classes to assist you to prepare for your upcoming arrival.

We pride ourselves on the successful delivery of over 5000 'Bayview babies' in our 29 years of operation in Barbados, and with our new lower maternity deposit prices it's now easier for your little one to make their grand entrance into the world at Bayview Hospital.

"We liked that my husband would have unrestricted access to both myself and the baby after the delivery, and this was one of the deciding factors for us to use Bayview's maternity services." - Chantal Frederick

## What year did you give birth at Bayview? 2017

I had a wonderful pregnancy but once I went into labour, Dr. Archer (Ob/Gyn) had concerns about my baby being distressed. We decided on an emergency c-section as the best option under the circumstances, but I could not have asked for better care than what I received at Bayview Hospital.

## How was the level of post-delivery support?

After my delivery, my doctor visited me every day. The nurses also visited regularly to give me my medication, check my vitals and help me with anything I needed.

The nurses also helped me when I started to breastfeed, taught me how to care for the umbilical cord, and showed me how to bathe my baby. The post-delivery support at Bayview is excellent.

## How was your overall Bayview maternity experience?

I had a great experience - Bayview Hospital respected my birth preferences and Dr. Jhagroo (Paediatrician) was very thorough with the care of our daughter - she clearly communicated any tests she was undertaking, as well as her rationale.

The Bayview nurses were also very warm and professional, and I was even visited daily by the Hospital Administrator to make sure I was comfortable.

I received excellent care throughout my entire pregnancy including the antenatal care, care during labour, delivery and after-care with my Ob/Gyn, Paediatrician and the entire Bayview Hospital team.

## Best thing about Bayview Hospital's maternity service?

Bayview Hospital really becomes a 'home away from home' and the staff go out of their way to make sure you are comfortable.

They understand birthing is a personal experience, so I was able to walk around and sit as much as I wanted when I was in the birth room. You can take whatever you need into the delivery room to make you feel comfortable - snacks, drinks, exercise ball, and even music!

I was also allowed to have a doula present, which is a great added comfort, and even though I ended up having a c-section, my husband was still able to be by my side during the delivery.

The rooms are very comfortable with nice views in a convenient location. The food is also great and the kitchen manager even visited me every day to find out what I wanted to eat!



Chantal Fredrick, her husband, and baby girl